

Smithton R-VI School District

ATHLETIC/ACTIVITIES HANDBOOK

2017-2018



Revised 8/17

Smithton Athletics Mission Statement

Smithton R-VI Athletics will cultivate self-disciplined, hard-working, confident individuals who are proud to have earned the privilege to represent this school and community in programs that foster lifelong values of honesty, respect, teamwork, and sportsmanship.

## TABLE OF CONTENTS

Introduction	3
Academic Requirements	7
Activities/Clubs/Organizations	14
Athletic/Activity Commitment	4
Athletic/Activity Letters and Awards	12
Athletic/Activity Program Philosophy	4
Athletic Mission Statement	3
Athletic/Activity Commitment Form	23
Athletic Training Rules-Activity Participation Rules	10
Awards	12
Before the first Practice	6
Citizenship Standards	9
Citizen Violation Consequences	10
Conflict with other School Sponsored Activities	8
Conflict Resolution	10
Conference Affiliation	13
Consequences for Drug/Alcohol/Tobacco Violations	11
District Expectations	20
Dual Sport Participation	21
Dual Sport Participation Contract	22
Expectations of Students and Parents	19
Fundamentals of High School Activities	19
Hazing	11
High School Clubs and Organizations	13
	2

Insurance	6
Interscholastic Activities	13
Jr. High Clubs and Organizations	14
Parent Information	5
Physical Examination	6
Sportsmanship	4
Sports/Activities offered by Season	13
Smithton R-VI Athletic Guidelines	6
Student Accountability for Equipment	12
Substance Abuse Testing Form	7
Substance Abuse Testing Program for Student Athletes	25
Termination of Participation	8
Transportation to/from Daily /Weekend practice sessions	8
Transportation to Away Activities	8
2016-2017 Athletic/Activities Contract/ Substance Abuse Testing Participation Consent Form	28

## Smithton R-VI Athletic/Activities Handbook

### Introduction

This athletic/activities handbook is designed to inform students and their parents of the rules, regulations, and information that helped develop the rich tradition of competition at Smithton High School.

Participation in athletics/activities is a privilege, which carries with it varying degrees of honor, responsibility, and sacrifice. Since competition is a privilege and not a right, those who choose to participate will be expected to follow the rules established by the Missouri State High School Activities Association, Smithton R-VI School District, the Athletic/Activities Department, and other specific

coach's' rules for their sport. Each student athlete represents his/her school and student body. It is the student athlete's duty to conduct himself/herself in a manner becoming the student athlete, his/her family, Smithton R-VI School District, and the community.

The athletic/activities department will enforce all rules and regulations as described in this Athletic/Activities Handbook. Parents and athletes are asked to sign an acknowledgement document located at the end of this handbook stating that they have read and understand the information included in the handbook and that the athlete is subject to disciplinary measures should he/she violate the rules and regulations set forth in this Athletic/Activities Handbook.

Athletes and participants of extracurricular activities are recognized as leaders in our school and community. Student representatives are expected to set a good example in regard to conduct, personal grooming, and attire. Student actions and appearances represent our parents, school, athletic/activity program, and community,

Training is a year around proposition. Members of any team/club or organization at Smithton High School should adhere to requirements set forth by each coach/sponsor. Athletic performance, excellence, personal pride, and the desire to maintain good health habits usually make these rules an easy task for most athletes/participants. It is expected that all students dedicate themselves to the sport/activity in which they participate.

### **Smithton Athletics Mission Statement**

Smithton R-VI Athletics will cultivate self-disciplined, hard-working, confident individuals who are proud to have earned the privilege to represent this school and community in programs that

foster lifelong values of honesty, respect, teamwork, and sportsmanship.

### **Athletic/Activity Program Philosophy**

We believe that student participation in any part of our athletic/activity programs is a privilege which carries with it responsibilities to the school, activity, student body, community, and to the student participant. Our goal is to provide the best opportunities for student-athletes to excel in teamwork, sportsmanship, self-discipline, and character. Experiences in our athletics/activities should be positive and memorable and help develop a commitment to a cause and accept the responsibility and loyalty toward any chosen sport/activity. Athletic/Activity participation represents a year-round commitment that will help to develop the student physically, mentally, socially, and emotionally.

### **Athletic/Activity Commitment**

We believe that school activities outside the regular school day enhance the education of each student. We encourage you to commit yourself to being the best you can be both in and out of the classroom. Because you are in the public eye, your personal conduct always must be above reproach. You have an obligation to create a favorable image and gain the respect of your teammates, student body, and community.

### **Sportsmanship**

The following statement from the National Federation of State High School Association expresses the concept of sportsmanship as follows:

*“The ideals of good sportsmanship, ethical behavior, and integrity permeate our*

*culture. The values of good citizenship and high behavioral standards apply equally to all activity disciplines. In perception and practice, good sportsmanship shall be defined as those qualities of behavior, which are characterized, by generosity and genuine concern for others. Further, awareness is expected of the impact of an individual's influence on the behavior of others. Good sportsmanship is viewed as a concrete measure of the understanding and commitment to fair play, ethical behavior and integrity."*

One of the main goals of the athletic program is to teach the concept of sportsmanship. Good sportsmanship requires everyone be treated with respect. Good sportsmanship includes showing courtesy and kindness toward your opponent as well as fellow team members. All events are a reflection of our community and school. The conduct of the team is extended to parents and fans before, during, and after athletic/activity events. We, as a school and community, must uphold the best values of competition, establish a courteous relationship between visiting teams, coaches, fans, and officials. We must encourage leadership and promote physical, mental, moral, social, and emotional well-being of the individual participants.

According to the Missouri State High School Activities Association By-Law 710,

“A school may be suspended from membership in MSHSAA and from participating in interscholastic activities with other member schools for the unsportsmanlike conduct of teams, coaches, students, and fans. Each school is responsible for the conduct of its teams, coaches, students and fans at games both at home and away. Please support the players in a positive manner rather than possibly placing them in a position of being penalized for unsportsmanlike conduct. Thank you for understanding and cooperation in the spirit of high school athletics”.

## **Parent Information**

Parent/Coach Relationship

Both parenting and coaching have its rewards and challenges. Establishing and maintaining a positive relationship provides an opportunity to best accept the actions of the other and provide a greater benefit to the student. As parents, when your student becomes involved in a program, you have the right to understand what expectations are placed on your student. This begins with clear communication from the coach of your student's program. Coaches and parents are expected to encourage and praise students in their attempt to improve themselves as students, athletes, and citizens. Parents can facilitate this by gaining an understanding and appreciation of all aspects of the sport/activity and the expectations placed on your student.

Communication That Coaches and Sponsors Expect From Parents:

1. Concerns should be expressed directly to the coach or sponsor.
2. Notification of any schedule conflicts should be shared well in advance.
3. An appointment should be scheduled to discuss any specific concern in regard to the philosophy and expectations of a coach or sponsor.

Parents and coaches should help their students learn that success is achieved in the development of a skill and make the student-athlete feel good about his/her outcome of any game or contest. Being part of our athletic/activity programs at Smithton R-VI can be a very rewarding time in the lives of our students. However, there will be times where outcomes will not go the way your student wishes. If you ever have a concern we ask you take the time to speak to our coaches/sponsors in an appropriate manner, including time and place, and follow the appropriate steps to address your concern. Our coaches/sponsors also welcome your encouragement and positivity during the season.

Communication You Should Expect from Your Student's Coach/Sponsor:

1. Philosophy of the coach/sponsor.
2. Expectations the coach/sponsor has for your student and all participants in the activity.
3. Location and times of all practices and contests.
4. Team camps (home and away), open gyms, and workout sessions times/locations.
5. Protocol for injuries during the season.

6. Discipline that results in the removal of your student's participation.
7. Process for earning a letter in that activity.

Appropriate Concerns to Discuss With Coaches/Sponsors:

1. The mental/physical treatment of your student.
2. How to improve the skills of your student.
3. Concerns of your student's behavior/attitude.

It is difficult to accept if your student is not playing as much as you would like. Coaches and sponsors are the professionals in their respective program. They are asked to make decisions based on what they believe to be what is best for every student in the sport/activity. Below are listed topics as to what should only be discussed at the discretion of the coach/sponsor.

Issues not appropriate to discuss with coaches or sponsors without making prior arrangements

1. Playing time.
2. Team strategy.
3. Play calling.
4. Other students/athletes participation in the sport/activity.

These topics may require a meeting between the coach/sponsor and parent. These meetings are important in providing a clear understanding of one another's position. We can communicate our concerns in a clear and respectful way. Below are the procedures to schedule such a meeting with the hope a mutual resolution can be reached in the benefit of the student.

If You Have a Concern to Discuss with a Coach/Sponsor, the Following Procedure Should Be Followed:

1. Call to set up an appointment with the coach/sponsor.

Please do not confront a coach/sponsor before, during, or after a game/contest or practice. This can be an emotional time for all parties involved. These confrontations usually do not end in a positive resolution. We would ask for a minimum of 24 hours before addressing a coach/sponsor.

What Can a Parent Do if the Meeting with the Coach/Sponsor Did Not Provide a Satisfactory Resolution?

1. Call and set up an appointment with the Athletic Director to discuss the situation.
2. The next appropriate step in this situation can be determined.

## **SMITHTON R-VI ATHLETIC/ACTIVITIES GUIDELINES**

### **Before the First Practice**

The following things are required by the student athlete before the first practice with any team:

1. Meet academic eligibility requirements the previous semester.
2. Meet enrollment requirements for the current semester.
3. Take and pass a MSHSAA physical examination.
4. Complete the insurance/concussion information on the physical form.
5. Complete the substance abuse testing consent form.
6. Meet the citizenship standards.

### **Physical Examination**

Each athlete must have a physical examination form completed by a medical doctor certifying that he/she is fit for that sport. If he/she is fit for all three seasons, then one physical examination form is all that will be necessary for the entire year.

### **Insurance**

Each athlete must be covered for injury by health and medical insurance through an appropriate insurance agency. **An insurance release form (part of the MSHSAA physical form) must be signed and returned to the school before the athlete is allowed to participate in the activity.**

**Medical Releases and Athletic Participation:**

1. Once a student has been seen by a family doctor, specialist, emergency room physician, or hospital, Smithton R-6 is bound by liability and must have a written doctor's release for a student to return to practice or participation in competition.
2. If a student has sustained a diagnosed concussion he/she will be subject to the MSHSAA certified return to play (RTP) protocol. This is to protect the student from entering back into competition prematurely. Smithton R-6 wants to remain proactive in this approach and will take all precautions to withhold the student from participation in a sport/activity until the student has been appropriately released by a medical professional.

**Substance Abuse Testing Form**

The parent or guardian and the student athlete will be required to sign a written consent for random drug testing prior to participating in the athletic program. Board Policy 2642 fully explains the district policy and will be provided to you upon request.

The following groups will have a mandatory drug testing procedure: Baseball, Basketball, Cheerleading, Cross Country, Golf, Soccer, Softball, Track, Volleyball, and Manager/statistics for each activity.

**Academic Requirements**

The student has two recorded grades during the school year: at the end of the 1<sup>st</sup> semester and at the end of the 2<sup>nd</sup> semester. All other grade checks, including quarter grades, are progress reports. A ½ credit will be awarded for each letter grade and these grades are recorded on the student's permanent record. Grade

checks are conducted throughout the semester. Eligibility status may only change at grade checks. If a student has one “F”, he/she may not participate in school sponsored events until the next reporting period. If a student has two or more “F’s”, he/she may not practice or participate in school sponsored events until the next reporting period.

\*Tutoring is available before/after school, Monday-Thursday (pre-arranged with a designated teacher).

Ineligibility resulting from fourth quarter grading period shall become effective the first day of school of the new school year.

**STUDENTS MUST BE IN ATTENDANCE FOR AT LEAST 4 CONSECUTIVE HOURS OF THAT SCHOOL DAY TO PARTICIPATE IN OR ATTEND ANY SCHOOL SPONSORED EVENT. EXCEPTIONS WILL BE GRANTED BY ADMINISTRATION ONLY.**

**STUDENTS MUST BE IN ATTENDANCE FOR AT LEAST 4 CONSECUTIVE HOURS ON FRIDAY TO PARTICIPATE IN OR ATTEND ANY SCHOOL SPONSORED WEEKEND ACTIVITIES. EXCEPTIONS WILL BE GRANTED BY ADMINISTRATION ONLY.**

If students come to school and leave during the day for health reasons, they may **not** return or participate that day in activities without administrative approval. Students are to understand that social media (Twitter, Facebook, etc.) are powerful tools which may be either positive or negative depending on how they are used. Students are expected to be respectful and responsible when using social media. Derogatory or negative language directed at teammates, coaches, teachers, or other students will not be tolerated. Posting of pictures or statements depicting violations of policies or indicating knowledge of violations subjects students to potential consequences.

Activities occurring outside the school, which are curricular in the sense that they are extension of a class, are not subject to the above standard.

**\*\*Athletes/participants who have outstanding debts for equipment from a previous sport or activity**

**are not eligible to participate in any contest until the equipment is returned or debts are paid in full.**

#### **Transportation to and from daily/weekend practice sessions**

The Smithton School District does not provide transportation to and/or from scheduled practice sessions. It is the responsibility of the student to secure proper transportation to and from practice sessions. Students must be picked up in a timely manner following practice sessions.

#### **Transportation to Away Activities**

All participants will ride school sponsored transportation provided by the Smithton R-VI School District to and from each event. The only exceptions to this would be when (1) parents/guardians make a request to transport their student and contact the head coach personally to seek permission; (2) when parents/guardians make a request to the head coach for the student, who is of legal driving age, to drive himself/herself. At no time will participants be allowed to ride with or transport other athletes. Both cases require parent/guardian completion of the “Smithton R-6 District Athletic/Activity Transportation Release” form. Parents may take their son or daughter home from an away event. **Parents must sign the student sign-out form with the coach/sponsor prior to departing the contest site.** Students should be picked up in a timely manner following all home or away contests.

#### **Conflict with Other School Sponsored Activities**

Communication between all coaches/sponsors/teachers involved in athletics/activities is of utmost importance in the continued success of the educational process. If a student participates in two or more school sponsored activities and a scheduling conflict occurs, it will be the responsibility of the student and parent/guardian involved to notify coaches/sponsors/teachers of the conflict. Below is the prioritized list of events if there is a schedule conflict.

1. National events
2. State events

3. District/sub-state events
4. Conference events
5. Interscholastic event
6. Required practices (dress rehearsal)
7. Regular practices
8. Club activities, events, or competitions

### **Termination of Participation**

For the purpose of clarification, the athletic year is divided into three seasons, fall, winter, and spring.

1. **Athlete voluntarily terminating participation:**

Any athlete who participates in a sport and subsequently drops from the squad on his/her own accord after the first interscholastic contest in that sport is not eligible to compete in another sport during that sport season without consent of both coaches involved. A student dropping from a sport on their own accord may participate in another sport following the conclusion of the regular season.

Individual coaches/sponsors have the discretion of denying a student participation in the respective sport if it is felt the student will not be able to “catch up” with other athletes/participants.

2. **Student involuntarily terminating participation:**

If any athlete/participant is cut from the squad for other than disciplinary reasons, he/she may seek a “try-out” immediately for another sport in season or begin practice in a sport of an upcoming sports season.

## **Citizenship Standards**

Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered “creditible citizens.” Conduct shall be satisfactory in accord with the standards of good discipline (MSHSAA By-law 2.2, Citizenship Requirements).

- a. Law Enforcement: A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies. Moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, or injuries to others. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probations and remains under general probation only, local school authorities shall determine eligibility.
  
- b. Local School:
  1. A student who violates a local school policy is ineligible until completion of the prescribed school penalties.
  2. The eligibility of a student who is serving detention or in-school suspension shall be determined by local school authorities.
  3. A student shall not be considered eligible while serving an out-of-school suspension.
  4. A student who is expelled or who withdraws from school because of disciplinary measures shall not be considered eligible for 365 days from the date of expulsion or withdrawal.
  5. If a student misses class (es) without being excused by the principal, the student shall not be considered eligible on that date. Further, the student cannot be certified eligible to participate

- on any subsequent date until the student attends a full day of classes.
6. Each individual school has the authority to set more restrictive citizenship standards and shall have the authority and responsibility to judge its students under those standards.
  7. Each school shall diligently and completely investigate any issue that could affect student eligibility.
- c. Student Responsibility: Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors.

### **Conflict Resolution**

When observing improper behavior or problems with individual team/squad members, the best solutions are ones that address a problem at the time it is observed or occurs. Students should practice the following method:

1. Talk to the person (one-on-one) about what he/she is doing and why the offending behavior should stop.
2. If the problem is not solved, contact the coach/sponsor. It is best to stop the problem immediately by handling it informally on a person-to-person level while it is a small matter. Do not let unresolved problems turn into a situation that will harm team unity.

\*Any observation of violations of major offenses should be reported to the coach/sponsor as soon as possible.

### **Citizenship Violation Consequences**

Non-credible citizenship may result in disciplinary action. These actions may include parental contact,

one-on-one conferences, extra athletic conditioning, benching, non-participation in interscholastic games, and/or a percentage of the interscholastic season withheld. Ultimately, removal from participation and/or team can occur. A student shall not be considered eligible while under suspension.

### **Athletic Training Rules – Activity Participation Rules**

In order to maintain the highest possible standards for activities in the Smithton School system, the following minimum requirements have been established for all students participating in the athletic/activity program. Students should remember these are minimum requirements and each individual coach/sponsor may establish further guidelines.

- In the event of an in-school suspension (I.S.S.) a student will not be eligible to participate in any interscholastic event until he/she has fulfilled all of the disciplinary requirements set forth in the I.S.S. assignment. A student may participate in practice sessions during the I.S.S. period. A student will be required to attend all contests and activities in which he/she is involved during the I.S.S. period as a non-participating member unless directed otherwise by the coach/sponsor or principal.
- In the event of an out-of-school suspension (O.S.S.) a student will not be eligible to participate in a practice or an interscholastic event until he/she has fulfilled all of the disciplinary requirements set forth by the administration or as recommended by the athletic/activity council.
- Any student serving an O.S.S. suspension is not to be on school property or attend any school sponsored event (home or away), unless he/she has received approval from the Principal.
- The use of alcohol, drugs, tobacco, or tobacco-related products is prohibited.
- Participants found to be under the influence or in possession of a controlled or prohibited substance will be subject to appropriate disciplinary measures by the administration, coaches and/or sponsors, or the athletic activity council. Disciplinary measures may range from a suspension of at least 20% of the contests for particular sport/s activity season to dismissal from the activity or sport.
- Theft and vandalism is a disgrace and will not be tolerated. The first offense will result in a suspension of at least 20% of the contests in the particular season and restitution in addition to any

administrative discipline. The second offense will result in complete activity and athletic suspension for the current school year in addition to restitution and other administrative disciplinary actions.

### **Chemical Use/Possession Policy**

The Smithton R-VI School District is concerned with the health, welfare and safety of its students. Therefore, use, sale, transfer, distribution, possession or being under the influence of unauthorized prescription drugs, alcohol, narcotic substances, unauthorized inhalants, controlled substances, illegal drugs, counterfeit substances and imitation controlled substances is prohibited on any district property, in any district-owned vehicle or in any other district-approved vehicle used to transport students to and from school or district activities. This prohibition also applies to any district-sponsored or district-approved activity, event or function, such as a field trip or athletic event, where students are under the supervision of the school district. The use, sale, transfer or possession of drug-related paraphernalia is also prohibited.

For the purpose of this policy a controlled substance shall include any controlled substance, counterfeit substance or imitation controlled substance as defined in the Narcotic Drug Act, § 195.010, RSMo., and in schedules I, II, III, IV and V in section 202(c) of the Controlled Substances Act, 21 U.S.C. § 812(c).

Students may only be in possession of medication as detailed in Board policy JHCD. Searches of persons reasonably suspected to be in violation of this policy will be conducted in accordance with Board policy.

Any student who is found by the administration to be in violation of this policy shall be referred for prosecution and subject to disciplinary action up to and including suspension, expulsion or other discipline in accordance with the district's discipline policy. Strict compliance is mandatory. The school principal shall immediately report all incidents involving a controlled substance to the appropriate local law enforcement agency and the superintendent. All controlled substances shall be turned over to local law enforcement.

Students with disabilities who violate this policy will be disciplined in accordance with policy JGE.

### **Consequences for Chemical Abuse**

Credible citizenship is a year-round responsibility. The following rule includes the school year, summer, and season of practice, play, or rehearsal;

Regardless of quantity, a student shall not use or possess tobacco; have in possession or use a beverage containing alcohol; use or consume, have in possession, buy, sell, or give away illegal drugs or chemicals, or any substance defined by law as a drug specifically prescribed for the student's own use by his/her doctor; or use or be in possession of drug paraphernalia. The use of prescribed or non-prescribed performance-enhancing products is greatly discouraged by the Smithton R-6 School District.

The use of each type of chemical can adversely affect the student on a short or long-term basis. Chemical substances are defined as tobacco, alcohol, mood-altering chemicals, and drug paraphernalia.

The following are minimum guidelines that shall be applied for the violation of the chemical abuse rules. Each coach/sponsor shall have the option of assigning additional penalties for any violation.

**First Violation** – upon the first violation for alcohol, or tobacco, the athlete/participant will be suspended for a minimum of 40 percent of the regular season games in the sport/activity he/she is participating. The matches/contests cannot be selected. The student may attend practices at this time. The student must meet all other team obligations as defined by the coach/advisor of that activity.

**Second Violation** – upon the second violation, the athlete/participant shall be ineligible for 365 days, beginning with the date of violation.

#### **Violations occurring at the end of the season, off-season, or during the summer**

The loss of eligibility carries over to the next season in which the student/athlete participates. For

example: if a student commits a violation during the last contest of the season, he/she loses eligibility (as per the consequence of the category involved) in the next season of participation. The 40% formula will be reworked per the next season of participation.

Participants are representatives of Smithton Schools. Therefore, their appearance is extremely important. The sponsor/coach may establish standards of personal appearance. Students are expected to be home at a respectable time in the evenings.

Any participant or manager saying or committing any act or gesture of UNSPORTSMANLIKE conduct toward an opponent, spectator or official will be immediately removed from the event. Depending on the seriousness of the act, the student may be suspended from additional events or may be removed from the organization/team, as decided by the administration and coach/sponsor. Repeat offenses may result in expulsion from the organization/team.

### **Hazing**

Student hazing is expressly prohibited by the board of education policy. For purposes of this policy, hazing is defined as willful conduct directed at another student, whether occurring on or off school property, for purposes of initiation or admission to any school related activity or athletic team. This includes the following activities; but is not limited to:

1. Paddling
2. Creation of extra fatigue
3. Physical and psychological shocks
4. Requiring or encouraging the wearing of apparel in public that is conspicuous and normally not considered in good taste
5. Public ridicule of students, including morally degrading or humiliating games and activities
6. Late work sessions, excessive time demands, or other requirements that interfere with academic performance
7. Demanding or encouraging any other activities that conflict with civil law and/or school policies

Conduct prohibited by this policy includes, but is not limited to, exposure or contact of genitals, buttocks, or breasts (female students), directly or indirectly through contact with undergarments; threats of physical harm; and infliction of physical or mental harm or humiliation.

**According to Missouri State statutes “consent” to hazing is not a defense.**

Students found to have violated this policy will be subject to suspension/expulsion from school and suspension and exclusion from activities/athletic participation depending on the severity of the misconduct.

Non-students who participate or enable the hazing of students may be excluded from attendance at school activities and school athletic events. District employees, including sponsors and coaches who have knowledge of student hazing but fail to take corrective action will be subject to discipline up to and including termination.

### **Student Accountability for Equipment**

In order to give the students a sense of responsibility and an appreciation of their issued equipment, students will be held accountable for the abuse or loss of it. **ANY EQUIPMENT LOST OR STOLEN MUST BE PAID FOR BY THE STUDENTS IN WHOSE NAME IT WAS ISSUED.**

The following guidelines will help lessen the chances for lost or stolen equipment.

1. Do not exchange or loan any of the equipment checked out to you to another teammate. If an exchange is needed, make the coach/sponsor aware of the adjustment.
2. Keep you locker closed and locked at all times. A lock may be issued to you, or if you bring your own, please give the combination/extra key to your coach/sponsor.
3. Any loss of equipment should be reported immediately to the head coach.

4. Any equipment which does not fit properly or has defective parts should be reported immediately to the head coach. Do not wear the equipment until the necessary adjustments have been made. This is for your protection.
5. No equipment may be checked out to an athlete in any sport if the athlete owes equipment/fees to a previous sport.
6. Students need to sign for items checked out.
7. Students must pay in full for items requiring payment before that item will be issued.
8. Students may not compete interscholastically if equipment, or fines, are owed to another sport or activity.
9. It is against MSHSAA regulations to wear, use, or be seen in official school uniforms unless involved directly in a school-sponsored event or interscholastic contest. Therefore, any school uniforms seen being worn outside of the above participation guidelines is a MSHSAA violation and should be reported to a coach or to the athletic/activity director.

## **Awards**

### **Athletic Lettering**

All of the athletic programs offer an athletic letter. Each sport offers objective criteria and qualifications for lettering set by the individual sport's coaching staff. Subjective criteria such as, but not limited to, the factors of sportsmanship, citizenship, and good team membership also determine the conferring of a letter. Coaches have the right to set the standards they want in order to "letter" athletes. Coaches should communicate to the athletes the varsity lettering standards prior to the start of the season. The head coach is the ultimate authority in the granting of a varsity athletic letter.

### **Non-Athletic Lettering**

Several organizations offer a non-athletic letter for their activity. Each activity offers objective criteria and qualifications for athletic letters set by the organization. The additional factors of good school citizenship and a constructive, positive attitude are integral criteria of the letter process. For lettering

requirements, check with individual staff advisors.

### **Athletic/Activity Letters and Awards**

- To be eligible for consideration to receive an S, the participant must exhibit a proper attitude towards his/her teammates, game/contest officials, and opponents. He/she must exhibit good sportsmanship and school conduct as judged by coaches, sponsor, officials, and administrators.
- A six inch block letter, plus a medal emblem (indicating the sport/activity), and bar, will be presented to all participants, grade 9-12, who have met Varsity level requirements to earn a “S” in any one sport/activity. A bar will be presented each time the student earns an “S” thereafter. The 6-inch letter will be given only one time during the four years of high school.
- Managers earn the same letter as the athletes if they attend practices as well as games. If they only attend games, they must serve as manager for two seasons to letter. Statisticians and scorekeepers must serve in these roles for two seasons to earn a letter.

### **Conference Affiliation**

Smithton is a member of the Kaysinger Conference. Schools included in the conference are: Cole Camp, Green Ridge, La Monte, Lincoln, Northwest, Sacred Heart, Stover, Tipton, Otterville and Windsor.

### **Sports/Activities Offered by Season**

<b>Fall</b>	<b>Levels</b>	<b>Season</b>
Cross Country	JH-V	Aug-Nov
Soccer	JH-V	Aug-Oct
Volleyball	JH-V	Aug-Oct

<b>Winter</b>	<b>Levels</b>	<b>Season</b>
Boys-Basketball	JH-V	Nov-Mar

Girls-Basketball	JH-V	Nov-Mar
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<b>Spring</b>	<b>Levels</b>	<b>Season</b>
Baseball	V	Mar-May
Golf	V	Mar-May
Softball	V	Mar-May
Track	JH-V	Mar-May

#### **Interscholastic Activities**

Scholar Bowl	JH-HS	Sept-May
Band	JH-HS	Aug-May
Cheerleading	JH-V	Nov-Mar
Vocal	JH-HS	Aug-May

#### **High School Clubs/Organizations**

##### Academic Team?

American Field Service (A.F.S.)

Art Club

Color Guard Changed from Flag Corp

Drum Line

Future Business Leaders of America (FLBA)

Family Career & Community Leaders of America (FCCLA)

Future Farmers of America (FFA)

Honor Choir

National Honor Society

Science Club

Smithton Mathematics Association (SMASH)  
Spanish Club  
Student Council

### **Junior High Clubs/Organizations**

Color Guard Changed from Flag Corp

Family Career & Community Leaders of America (FCCLA)  
Junior National Honor Society  
Smithton Mathematics Association (SMASH)  
Student Council

### **Activities/Clubs/Organizations**

ADD ACADEMIC TEAM?

#### **American Field Service (A.F.S.)**

**Purpose:** to promote international understanding through student exchanges. The student club serves to stimulate school wide interest in A.F.S. through student cooperation with the adult chapter. This club will offer increased exposure to the A.F.S. Americans Abroad and Domestic Program exchanges in the community.

**Membership requirements:** Students in grades 9 – 12 are encouraged to join.

#### **Art Club**

**Purpose:** to encourage creative expression through individual achievement, to take part in planned art activities at school, to plan and paint mural on the junior high hall each year, and to take a trip to an appropriate art event.

**Membership requirements:** Student must have at least one year of art or currently be enrolled in Art I and have a “C” GPA in art. Members must not miss over two meetings per year.

**Lettering requirements:** A point system shall be established in which a minimum accumulation of 275 points are needed to letter. It will generally take more than one year to earn the minimum number of points. A detailed list of the point system is available from the Teacher.

### **Baseball**

**Membership:** Open to male students in grades 9 – 12. Tryout is required with the coach making the determination as to who makes the team and who plays.

**Lettering requirements:** Players must play in one-half of the games played by the team and maintain eligibility to participate in extra-curricular activities per school policies for the whole baseball season.

### **Basketball**

**Varsity/Junior Varsity:** Limited to students in grades 9 – 12. Membership is by tryout with the coach making the decision as to who makes which team and who plays in the games.

**Varsity lettering requirements:** Players must play in one-half of the total quarters played by the team, excluding district tournaments and maintain eligibility to participate in extra-curricular activities per school policies for the whole basketball season.

**Junior High Membership:** Limited to students in grades 7 – 8. Membership is by tryout with the coach making the decision as to who makes the team and who plays.

### **Cheerleading**

**Purpose:** to promote school spirit, to improve student morale, and to direct positive crowd involvement in support of the school teams. Squad members shall meet athletic eligibility standards established. Tryouts will be before a panel of judges. Cheerleaders are expected to attend all ballgames and are responsible for all expenses incurred during participation.

**Lettering requirements:**

Students must be a cheerleader in good standing as determined by the demerit point system and maintain eligibility to participate in extra-curricular activities per school policies for the whole cheerleading season.

### **Drama Club**

**Purpose:** is open to all high school students that have an interest in theatre and the performing arts. Drama Club officers will be selected at the beginning of each school year by Drama Club members who have paid their dues. Students in Drama Club are expected to participate in at least one of the productions during the school year, either in an acting or technical role. Drama Club members are eligible to take part in the evaluation of acting and technical performances at the end of the school year by voting for Drama Club Awards and Hall of Fame Awards.

### **Drum line**

**Purpose:** to provide students with another creative outlet for their musical abilities and to take part in competitions and other performances.

**Membership requirements:** This is an auditioned group. Auditions are held in the spring.

To audition students must:

- be in 9<sup>th</sup> - 12<sup>th</sup> grade in the next school year
- be academically eligible in the next school year
- enrolled in marching band in the next school year
- be able to attend rehearsals at 7:00 a.m. during the school year
- be able to attend band camp (most likely the last week of July)
- provide 4 teacher recommendations
- provide signed drum line contract

### **Future Business Leaders of America (FBLA)**

**Mission:** The mission of the Smithton High School chapter of the Future Business Leaders of America is to bring business and education together in a positive working relationship through innovative leadership and career development programs.

**Membership requirements:** Students (9-12) must have completed at least one semester in a business education class during their secondary education and pay dues which are set by the FBLA chapter.

### **Family Career & Community Leaders of America (FCCLA)**

**Purpose:** to promote personal growth and leadership development through family and consumer sciences education and focusing on the multiple roles of family members, wage earners, and community leaders. Involvement in FCCLA offers members the opportunity to expand their leadership potential and develop skills for life.

**Membership requirements:** Students must presently be enrolled in or have completed Career and Family Leadership class. Junior High students must be enrolled in/or have taken Discovering Family and Consumer Sciences.

### **Flag Corps**

**Purpose:** to provide students with the opportunity to combine flag drill, dance, and marching in order to attend competitions and other performances individually or part of the marching band.

**Membership requirements:** This is an auditioned group. Auditions are held in the spring.

To audition students must:

- be in 7<sup>th</sup> - 12<sup>th</sup> grade in the next school year
- be academically eligible in the next school year
- be able to attend rehearsals at 7:00 a.m.
- be able to attend band camp (most likely the last week of July)
- provide 4 teacher recommendations
- provide signed flag corps contract

### **Future Farmers of America (FFA)**

**Mission:** The National FFA Organization is dedicated to making a positive difference in the lives of

students by developing their potential for **premier leadership, personal growth, and career success** through agricultural education.

**Membership Requirements:** Students (9-12) must be enrolled in an agriculture education class during the current school year and pay annual dues which are set by the FFA chapter.

### **Golf**

**Membership:** Open to students in Grades 9 - 12. Tryouts required. Coach will determine in what matches and at what level players will compete based on performance.

**Lettering Requirements:** Players must participate in one-half of Varsity Matches and maintain eligibility to participate in extra-curricular activities per school policies for the whole golf season.

### **Honor Choir**

**Purpose:** Honor Choir is a performance ensemble designed for the serious musician and to promote, encourage, and reward individual vocal music achievement and to take part in conference and district level vocal music events.

**Membership Requirements:** There are no auditions for this vocal ensemble therefore dedication to the ensemble is necessary. Participation in ALL performances is required. Some performances include Conference Choir Clinic, District Festival, State Festival, small ensemble competitions, and Conference Contest will be counted as required performances in addition to the regularly scheduled concerts (fall, Christmas, Spring).

**Lettering Requirements:** Students will have the opportunity to earn a letter. Each student must accumulate 150 lettering points to earn a letter. Student participation in ALL performances as well as extra opportunities they take part in will be awarded lettering points. Complete details about how to earn lettering points are handed out at the beginning of the year in the Honor Choir information packet. If a student misses a performance it is up to the discretion of the teacher whether or not that absence will be excused.

### **Instrumental Music**

**Purpose:** to promote, encourage, and reward individual instrumental achievement and to take part in conference, district and state level instrumental music events.

**Membership requirements:** Students must be enrolled in class unless prior arrangements are made with the teacher.

**Lettering requirements:** A point system shall be established in which a minimum accumulation of 300 points are needed to letter. A detailed list of the point system is available from the teacher. The teacher reserves the authority to reject, question, or validate all applications for lettering available from the sponsor. The sponsor reserves the authority to reject, question, or validate all applications for lettering process.

### **National Honor Society**

**Purpose:** to create enthusiasm for scholarship, to stimulate a desire to render service, to promote leadership and to develop character in the students of secondary schools.

**Membership requirements:** To be eligible for membership the student must be a member of a sophomore, junior or senior class. Students must have enrolled in Smithton School for one semester. Students must have a minimum cumulative scholastic average of 3.67. A council consisting of the faculty advisor and five additional members appointed by the Principal shall then evaluate students on the basis of service, leadership, and character. Neither the faculty advisor nor the Principal are voting members. A majority vote of the council is required for membership. Selection is based on the following:

1. Scholarship – minimum of 3.67 GPA
2. Leadership – takes a constructive lead in the classroom and school activities. Successfully holds school office or position of responsibility.
3. Service – places service to others above self-interest. Gives time, effort, and talents freely. Performs committee work. Displays courtesy to others.
4. Character – meets individual responsibilities to school promptly. Demonstrates high standards of

honesty, reliability, fairness, and tolerance. Cooperates in a willing spirit with school regulations.

### **Science Club**

**Purpose:** to encourage participation in learning about the environment and the betterment thereof.

**Membership requirements:** Any student that is interested in the environment and willing to commit the time to the Science Club project. You will be working, for example, outdoors cleaning a local stream and doing chemical analyzes for pollution, and then you will remove the trash from the stream.

### **Show Choir**

**Purpose:** to perform as a show choir and as a chamber choir at contests, concerts, and community events.

**Membership requirements:** Members are selected by audition. Students must have the ability to read four-part vocal music and to perform dance movements while singing. A point system similar to that used for concert choir will be used for lettering. Participation in ALL performances is required. Some performances include Conference Choir Clinic, District Festival, State Festival, small ensemble competitions, and Conference Contest will be counted as required performances in addition to the regularly scheduled concerts (fall, Christmas, Spring).

### **Smithton Mathematics Association (SMASH)**

**Purpose:** to promote interest, awareness, and knowledge in the field of mathematics.

**Membership requirements:**

1. Ninth or tenth graders must be currently enrolled in a math (Algebra I or above) class.
2. Eleventh graders should have had two years of math and must be enrolled in a math class.
3. Twelfth graders should have had three years of math or presently be taking their third year of math.
4. In order to be eligible for special events members shall attend at least 3/5 of all regular meetings.

**Lettering Requirements:** A point system shall be established in which a minimum accumulation of 150 points are needed to letter. A bar will be awarded for each multiple of 75 points over the initial letter earned. It will generally take more than one year to earn the minimum number of points. A detailed list of the point system is available from the Teacher.

## **Soccer**

**Varsity/Junior Varsity:** Limited to students in grades 9 - 12. Membership is by tryout with the coach making the final decision as to who makes the team and who plays in the matches.

**Lettering requirements:** A player will receive an athletic letter in soccer if he/she plays two-thirds of the varsity halves the team plays during the season and maintain eligibility to participate in extra-curricular activities per school policies for the whole soccer season.

**Junior High:** Limited to students in grades 7 – 8. Membership is by tryout with the coach making the final decision as to who makes the team and who plays in the matches.

## **Softball**

**Membership:** Open to female students in grades 9 – 12. Tryout is required with the coach making the determination as to who makes the team and who plays.

**Lettering requirements:** Players must play in one-half of the games played per season and maintain eligibility to participate in extra-curricular activities per school policies for the whole softball season.

## **Spanish Club**

**Purpose:** to offer opportunities for Spanish students to continue explore the Spanish culture through activities outside the classroom. Students can participate with other students in social, educational and cultural activities to enhance their learning experiences. Activities may include watching movies, playing games, seasonal festivities, community service, or dining at local Mexican restaurants.

**Membership requirements:** Students must be currently enrolled in Spanish or have taken at least two years of Spanish.

## **Student Council**

**Purpose:** to promote pupil activities, foster school spirit, give students a voice in school activities, develop and extend opportunities for student responsibility, sponsor worthwhile school affairs, give training in self-government, discuss and solve problems concerning the student body, make school more

interesting for students and teachers.

**Membership requirements:** All members must have a C+ (2.33) grade point average and must have paid class dues. Membership consists of the council president, vice president, secretary, treasurer, and three members from each class 7 – 12; one of which is the class president. Class representatives 8 – 12 and council officers are elected in the spring for the coming year. Members for the seventh grade will be selected in the fall.

### **Track & Field**

**Membership:** Open to all students in grades 9 – 12. Tryout is required with the coach making the determination as to who makes the team and who competes in which events.

**Lettering requirements:** Qualifications for lettering will be participating in at least one event in all scheduled inter-school meets and maintain eligibility to participate in extracurricular activities per school policies for the whole track season.

### **Volleyball**

**Varsity/Junior Varsity:** Limited to female students in grades 9 - 12. Membership is determined by a tryout period. The coaching staff will make the final decision as to who makes which team (JV/V) and the lineup in the matches.

**Varsity Lettering requirements:** Players must play in one-half of the varsity games during regular season matches, not counting district tournaments and maintain eligibility to participate in extra-curricular activities per school policies for the whole volleyball season.

**Junior High:** Limited to female students in grades 7 and 8. Membership is by tryout with the coach making the final decision as to who makes the team and who plays in the matches.

## **Fundamentals of High School Activities**

When hosting an event, the opponent should be treated as guests and treated cordially. Officials should be recognized as impartial arbitrators who are trained to do their job with the best of their ability. Familiarity

with the current rules for the game and the recognition of the necessity for a fair contest are essential. Sportsmanship requires one to understand his or her own bias and the ability to prevent the desire to win from overcoming rational behavior. Applause for the opponent's good performance is a demonstration of generosity and good will and should not be looked at negatively.

## **Expectations of students and parents**

Your enthusiasm includes a vital responsibility for good sportsmanship. Your habits and reactions determine the quality of sportsmanship, which reflects upon our school and community.

- Know and demonstrate the fundamentals of good sportsmanship.
- Respect, cooperate and respond to cheerleaders.
- Respect school property and authority.
- Show respect for opponents and opposing coaches and fans.
- Show respect for players who are injured.
- Respect the judgment and strategy of the coach (even if you disagree).
- Respect the judgment of games officials (even if you disagree).
- Avoid profane language and obnoxious behavior at all times.
- Avoid applauding errors or penalties of the opponents.
- Refrain from heckling, jeering or distracting opponents, including distracting behavior during the shooting of free throws.
- Refrain from being critical of players, coaches or officials for a loss.
- Refrain from throwing objects on the playing area or in the bleachers.
- Avoid stomping of bleachers or the use of artificial noisemakers.
- Refrain from using cheers that taunt or ridicule opposing players, coaches, cheerleaders or spectators.
- Refrain from booing or showing displeasure with game officials or game activities.

## **DISTRICT EXPECTATIONS**

The Board of Education has established the following policy and regulations as guidelines for expectations of parents and visitors at athletic events:

### **School/Community Relations**

### **Policy 1431**

#### **Code of Conduct - Adults**

The Board of Education believes in and fosters a safe and orderly environment for all students, staff, and visitors.

Therefore, the Board of Education has established a code of conduct for parents, patrons, and visitors on school premises and at school activities. All parents, patrons, and visitors will be expected to conduct themselves in a manner reflective of a positive role model for children. Public displays contrary to this expectation as provided in Regulation 1431 will result in sanctions which will limit a person's access to school activities and school premises.

### **School/Community Relations**

### **Regulation 1431**

#### **Code of Conduct - Adults**

In order to ensure a safe and orderly environment in which our students can maximize their educational and social development, the following regulations are enacted with respect to the conduct of adult visitors:

1. Verbally aggressive behavior, which would include, but not be limited to threats, intimidation, and profanity, will result in limited access to school premises and school activities for up to one (1) year. The length of the restriction will be determined by the Superintendent of Schools.

2. Physical or violent behavior will result in a ban by the Board of Education from school premises and activities and will be referred to law enforcement.
3. Failure to comply with the restricted access provided in these regulations will result in the filing of civil and/or criminal charges.

### **Dual Sport Participation**

A student may choose to participate in two sports during one season. The two head coaches of each sport will meet with the student and his or her parents/guardians to review what requirements/expectations are needed to be met by the student in order to participate in both sports. A primary sport will be selected and maintained as the primary sport for the duration of that season. The student, parents, and coaches will sign a Dual Sport Participation Contract prior to attending any dual sport practices/events.

Once a primary sport has been chosen, the student is expected to attend the events for the primary sport when a conflict arises. If students have two contests on the same day, and are equal competition level, students are asked to attend his/her primary sport. It will be understood by all coaches and sponsors that conference, district,

sectional, and state contests or events; take precedence over a contest or event that is a lower level event. If there are scheduling conflicts, students should communicate with their coach or sponsor and are expected to attend the priority contest or event. If there is a compromise to be made among coaches and sponsors, to allow students to participate in both; it will be up to each individual coach or sponsor to communicate with each other, the student, and their parents.

Academic eligibility is reviewed every two weeks during the school year. Eligibility policies and procedures will apply to all athletic teams/activities the student is participating. Depending on the number of “F’s” the student earns, he/she may be unable to practice/participate in both sports. If the student has earned ineligibility twice in one sports season, he/she may no longer participate in their chosen secondary sport.

#### DUAL SPORT PARTICIPATION POLICY AND CONTRACT

By MSHSAA policy, a student may participate in more than one sport during a season. In order for an athlete to participate in dual sports, the following guidelines have been developed:

1. The athlete must declare a primary sport and secondary sport.
2. Practices and games for the primary sport take priority over the secondary sport, unless the secondary sport activity is of a higher-level/post-season event.
3. On days when both teams practice, it is up to the athlete to find out what is expected for the secondary practice and complete the workouts on his/her own.
4. Primary/Secondary games take priority over practice.
5. Any disciplinary action taken of an athlete by a primary or secondary coach will apply to both sports.
6. If the student is placed on the Academic Ineligibility List, he/she will be ineligible for both sports teams. If the student is ineligible twice in one sports season, he/she will forfeit participation in their secondary sport.

Athlete's Name

\_\_\_\_\_

Primary Sport: \_\_\_\_\_

Secondary Sport: \_\_\_\_\_

I understand and will abide by the guidelines listed above.

Athlete's Signature / Date

\_\_\_\_\_ / \_\_\_\_\_

Parent/Guardian(s) Signature(s) / Date

\_\_\_\_\_ / \_\_\_\_\_

Primary Coach's Signature / Date

\_\_\_\_\_ / \_\_\_\_\_

Secondary Coach's Signature / Date

\_\_\_\_\_ / \_\_\_\_\_

**Smithton R-6 Athletic/Activity Commitment Form**  
(2016-2017)

PARTICIPANTS      NAME      (*PRINT*)      \_\_\_\_\_ SCHOOL  
YEAR \_\_\_\_\_

PLEASE LIST ALL ACTIVITIES OR SPORTS on line below:

\_\_\_\_\_

Prior to participating in any practice of any interscholastic sport/activity each student must:

- Successfully pass a physical examination by a registered physician or other authorized health care provider, and valid if issued on or after February 1<sup>st</sup> of the previous school year.
- Return the Athletic/Activity Commitment Form properly signed.

- Provide proof of personal health insurance. \_\_\_\_\_
- Have parent and student signature. (Company Name/Policy #)

As a school's student-athlete participating voluntarily in interscholastic athletics, I verify that:

1. I have reviewed the information and understand what the Smithton R-6 School District expects from me in regards to sportsmanship, citizenship, academics, and staying free from any drug, alcohol, and tobacco use while enrolled in this school. I understand the consequences for breaking school policy, and I will not do so while I'm a Smithton Tiger. **I understand this is a year-round commitment.** I will be responsible for all equipment issued to me throughout the season, will return such equipment at the conclusion of the season, and will pay the current replacement cost for any of the equipment not accounted for by me at the end of the season.
2. I acknowledge that I have been properly advised, cautioned, and warned by administrative and coaching personnel of exposing myself to risk of injury, including but not limited to, the risk of sprains, fractures and ligament and/or cartilage damage which could result in a temporary or permanent, partial, or complete impairment in the use of my limbs; brain damage; paralysis; or even death. Having been so cautioned and warned, it is still my desire to participate in sports and to do so with full knowledge and understanding of the risk of injury.
3. I, along with my parents, certify that I have reviewed, understand, and will follow all of the school district policies in the athletic/activity handbook. In order to be eligible for participation, I understand I must comply with all requirements listed.
4. I understand I must be enrolled and have passed a minimum of six credit classes the semester to prior to participation as well as being enrolled in six credit classes the current semester of participation.

**Smithton R-6 Citizenship Violation Consequences.** Non-credible citizenship may result in disciplinary action. These actions may include parental contact, one-on-one conferences, extra athletic conditioning, benching, non-participation in interscholastic games, and/or a percentage of the interscholastic season withheld. **Ultimately**, removal from participation and/or the team can occur. A student shall not be considered eligible while under suspension.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

As a parent/guardian of a student participating voluntarily in interscholastic athletic/activities, I have reviewed the

information, discussed it with my son/daughter, and will support the school district in its efforts to promote good citizenship.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**\*\*Please note: Coaches or sponsors may have additional policies other than what is listed in the handbook and will provide this information to each student/athlete and parent.**

**STUDENTS**

**Policy**

42

**Substance Abuse Testing Program for Student Athletes**

The Smithton R-VI School District reserves the right to conduct a program of random testing for student athletes for the illegal use of controlled substance, including alcohol, as defined by applicable law that may present a safety risk during athletic activities. The Board recognizes that student alcohol and drug abuse is a significant health and safety problem for schools. Among the problems, substance abuse negatively affects students' health, behavior, learning, reflexes, and overall development. The administration has noted an increase in the use of drugs and alcohol by our students, including those participating in co-curricular and extra-curricular activities. For this purpose, any student participating in athletic practices and/or contest, including cheerleading, under the control and jurisdiction of the district and MSHSAA (Missouri State High School Activities Association) will be subject to random testing during the period commencing with the first day of practice authorized by MSHSAA for any sport and ending on the last day of student participation in the sport. The purposes of the District's Random Substance Abuse Testing Policy include:

1. To establish standards for student conduct.
2. To identify students who are misusing drugs and alcohol so that intervention plans can be implemented at home and school.
3. To establish a safe environment for student athletes during competition and generally for all students.
4. To provide a vehicle for parents to become aware of chemical abuse problems involving their children so that corrective action may be taken.
5. To provide referrals for students who need evaluation and counseling.
6. To deter chemical abuse or misuse by all students.
7. To send a clear message that the district is committed to eliminating student chemical abuse or to helping students experiencing chemical abuse problems.
8. To work cooperatively with the parents by assisting them in keeping their children free from chemical abuse.

This testing program does not affect other policies and practices of the District, which deal with drug or alcohol possession for use where reasonable suspicion is obtained by means other than random sampling provided in this policy.

**Policy**

**Consent:** The parent or guardian and the student athlete will be required to sign a written consent for random testing prior to participating in the athletic program. Upon refusal to be tested, the athlete will be suspended from the athletic program for the remainder of the season.

**Medication:** Student athletes who have been or who are taking prescription medication must provide verification (either by copy of the prescription or by a written physician’s statement). This information may be provided confidentially by the student, or parents/guardians, to the testing laboratory upon request to the school administration. The administration will provide a number, code or other means of identification for the student to provide to the laboratory with such information so as not to personally identify the student. Students who refuse to provide information required for verification and whom test positive will be subject to the consequences specified for positive tests.

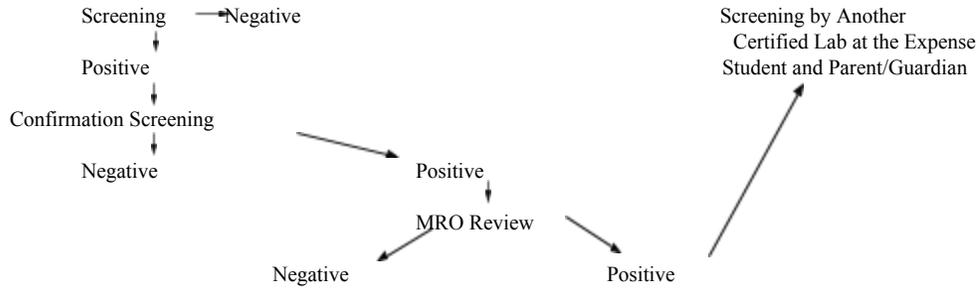
**Selection:** All student athletes may be tested at the beginning of a season. Random testing may be conducted during any season on athletes, including cheerleaders and student managers participating in that sport. Students selected for random testing will be selected by having their names drawn at random from a pool of all student athletes, including cheerleaders, and manger for the sports being tested.

**Testing:** Testing will be administered by urinalysis and/or by hair analysis. Appropriate steps will be taken to respect the privacy of students while at the same time preventing falsification of the testing. Testing procedures shall be conducted according to procedures designed to ensure the integrity of specimens and a chain of custody of the specimens. Testing procedures applicable to mandatory testing of transportation employees may be utilized, but shall not be required. All students randomly selected during a season will be tested for the same substances. Students may be removed from class to be tested, and will be given reasonable notice under the circumstances of the time, place and manner in which they will be required to provide the sample. Test results will remain confidential and will only be released on a need to know basis in accordance with applicable law. The superintendent may provide for regulations governing the testing process that are consistent with this policy.

**Positive Test:** If a student’s test is positive, additional confirmation testing will be performed. If the confirmation test is negative, no further action will be taken. If the second test is positive, then the MRO (Medical Review Officer) will review the results of the testing. The MRO will contact the students and, if the student is under 18, the parents or guardians. If the students and /or parents/guardians can provide evidence that results of the test were due to medications or legal prescription to the MRO’s satisfaction, then the test results are positive, then action will be taken in accordance with this policy. Students and parents/guardians may have a second sample taken at the time of the initial testing to be analyzed by another certified lab at their expense. The following flow chart may help explain the steps that were described above.

Sample A

Sample B



**Consequences:** Consequences for a confirmed positive test shall be suspension from participation from all sports including cheerleading for the sports season. The student will be required to test negative prior to participating in future sports seasons. If a student tests positive a second time, during any sport season in one school year, they will be suspended from all sports for that school year. **After a student tests positive the second time, any additional testing or education and counseling required of the student in order to participate in athletic programs shall be at the expense of the students, parents or guardian.** It is the intent of the school district to work with the parents or guardians and the student in identifying appropriate resources and services available for remediation and treatment.

**Confidentiality:** Parents of students who are under 18 and who still have the right of access to student records will receive all information applicable to the testing of their children under this policy. All information and records relating to a student’s participation in the testing program under this policy shall remain confidential and shall be maintained in a separate file.

**Appeals:** Students may appeal any suspension from activities under this policy to a committee composed of the High School Principal, all coaches involved in a sports season, the Athletic Director and a Smithton teacher of the student’s choice. The student may further appeal this committee’s decision to the superintendent and to the Board of Education.

BOE Adoption Date: August 16, 1999

Revision Date(s): September 20, 1999; August 21, 2000

Effective Date: August 17, 1999

**STUDENTS**

**2642**

**2642)**

**Discipline**

**Substance Abuse Testing Program for Student Athletes**

**Regulation**

**(Form**

1. Annually prior to the first day of school, the district will contract with a substance abuse testing company to provide confidential,

random, on-site substance abuse testing of students involved in the district's athletic programs. Drugs to be included in the on-site testing are opiates, marijuana, amphetamines, cocaine, PCP, and alcohol. Other drugs may be added to this list as the administration deems necessary.

2. Students in grades 7 through 12 involved in athletic programs, including cheerleaders, mascots and student managers, will be subject to random substance abuse testing.
3. Testing will occur a minimum of two times during each of the three sports seasons; Fall, Winter, and Spring.
4. Students included in the testing pool will be determined during each sport season by a master eligibility list for each sport, a list of cheerleaders provided by the cheer sponsor, and a list of student managers provided by the coach of each sport.
5. Ten percent (10%) of the students maintained in the testing pool for each sport season will be selected randomly by the substance abuse testing company contracted by the district or each test conducted. **Example:** During the fall season, the unduplicated count of the students in the testing pool is 80. Then during the first test, 10% of the 80, or 8, will be tested. The second test during the fall season will once again test 10% of the students in the pool.
6. Parents and students will be required to sign a consent form agreeing to participate in the random substance abuse testing program prior to participation in any sport. The consent forms will be distributed to the students by the coach of each sport and by the cheerleading sponsor at the first practice or first available opportunity and shall be returned to the coach or sponsor prior to the second week of practice. One consent form is valid and enforced for all sports seasons. See form 2642.



**2016 – 2017 ATHLETIC/ACTIVITIES CONTRACT**

Smithton R-VI School District  
Permission to Participate Form

I acknowledge receipt of, and have studied and understand, the Smithton R-VI School District's Athletic/Activity Handbook. I agree to abide by these rules and those of the Missouri State High School Activities Association. I understand that all athletics/activities involve certain risks.

\_\_\_\_\_  
Student Name: (Please print)

\_\_\_\_\_  
Student's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's/Guardian's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's/Guardian's Signature

\_\_\_\_\_  
Date

-----  
**STUDENTS**

**Form 2642**

Discipline

**Substance Abuse Testing Program for Student Athletes**

SUBSTANCE ABUSE TESTING PARTICIPATION CONSENT FORM

I have read the District policy concerning random substance abuse testing and agree to participate in the testing program. I understand that my/our signature(s) below authorize(s) the District to obtain a urine sample from the student whose signature appears below, if his/her name is selected as part of the random selection procedures described in the District policy. I also agree to authorize the substance abuse testing company contracted by the District to perform a substance abuse test on the urine sample for the presence of illegal substances or performance enhancing drugs. I/we also understand that if a "positive" test results, that I/we may need to disclose to the MRO (Medical Review Officer) any over-the-counter or prescription medications the student is or has taken.

Student's Name (Please Print)

Student's Signature

Date

Parent's/Guardian's Signature

Date