

# Walk a Mile Inside Our School

I used the rolling measurement tool that the physical education department has to measure off feet to get these measurements. I divided it up into 4 different groups. Depending on what end of the building you are in, you may walk just certain areas throughout the day.

**\*PLEASE REFER TO THE DOCUMENT "WALKING MAPS" FOR REFERENCE TO EXACT ROUTE.\***

1. **Big Loop:** This the outside hallways around the entire building. It does not include any middle hallways and it does not go down to the commons area by gym.  
1 lap = 1053 feet  
5 laps (+about 3 feet) = 1 mile
2. **Elementary Square:** This is small. Just the square around the elementary and middle school halls.  
1 lap = 348 feet  
15 laps (+about 4 feet) = 1 mile
3. **Elementary/Library Hall Loop:** This loop is going from elementary office up past the library and then left and back down the art hall, then through the MS hall and back.  
1 lap = 702 feet  
7.5 laps = 1 mile
4. **High School Loop:** This is a small loop too. Just the hall around the elementary gym basically. You go past the band room as well.  
1 lap = 456 feet  
11.5 laps = 1 mile